

**2023 Mid Penn Plunge - 2/17/2023 to 2/18/2023****Hosted by Northern High School****www.MidPennSwimChamp.info****Session Report**

Session: 1 Mid Penn Plunge - DAY 1

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 200 Medley Relay	17	3	06:00 PM	_____
Finals	2 Boys 200 Medley Relay	12	2	06:12 PM	_____
Finals	3 Girls 200 Freestyle	29	5	06:19 PM	_____
Finals	4 Boys 200 Freestyle	16	3	06:37 PM	_____
	Break: 20 Minutes:				
Finals	5 Girls 200 IM	16	3	07:08 PM	_____
Finals	6 Boys 200 IM	15	3	07:19 PM	_____
Finals	7 Girls 50 Freestyle	60	10	07:30 PM	_____
Finals	8 Boys 50 Freestyle	49	9	07:46 PM	_____
Finals	9 Girls 100 Butterfly	12	2	08:00 PM	_____
Finals	10 Boys 100 Butterfly	9	2	08:05 PM	_____
	Break: 20 Minutes:				
	Swimmers Counts for Warm-ups: 205	=====	=====		
	Entry / Heat Totals:	235	42		
	Finish Time			08:29 PM	_____

Session: 2 Mid Penn Plunge - DAY 2

Day of Meet: 2 Starts at 11:00 AM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Girls 200 Freestyle Relay	22	4	11:00 AM	_____
Finals	12 Boys 200 Freestyle Relay	14	3	11:14 AM	_____
	Break: 20 Minutes:				
Finals	13 Girls 100 Freestyle	51	9	11:43 AM	_____
Finals	14 Boys 100 Freestyle	35	6	12:03 PM	_____
Finals	15 Girls 500 Freestyle	20	4	12:16 PM	_____
Finals	16 Boys 500 Freestyle	13	3	12:49 PM	_____
	Break: 20 Minutes:				
Finals	17 Girls 100 Backstroke	24	4	01:31 PM	_____
Finals	18 Boys 100 Backstroke	13	3	01:43 PM	_____
Finals	19 Girls 100 Breaststroke	27	5	01:51 PM	_____
Finals	20 Boys 100 Breaststroke	28	5	02:04 PM	_____
	Break: 20 Minutes:				
Finals	21 Girls 400 Freestyle Relay	6	1	02:37 PM	_____
Finals	22 Boys 400 Freestyle Relay	9	2	02:43 PM	_____
	Break: 20 Minutes:				
	Swimmers Counts for Warm-ups: 197	=====	=====		
	Entry / Heat Totals:	262	49		
	Finish Time			03:15 PM	_____